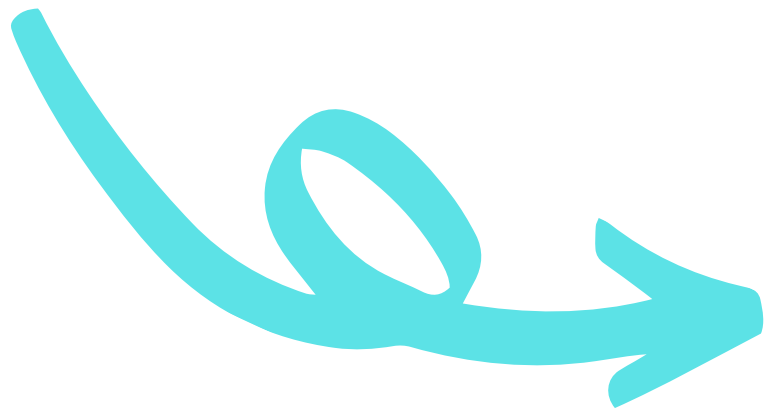




THE 5 PILLARS OF MINDSET



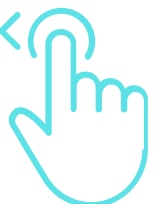
Danielle Grant 
TheMindVibe.Show

AWARENESS

Without this first pillar, the other four do not matter.

Without awareness, you can't see where you're going, you can't see where you're falling short, and you can't see where your mindset is out of alignment.

Develop awareness by asking questions: Why am I stuck? Why am I resistant? Why don't I believe in myself? Why am I struggling to take action? Why am I not making the money that I want to be making?



CLARITY

After you have awareness of what's not working, you want to then explore it in its entirety why it is there.

Why are you believing this thing to be true? Why are you not taking action? Why is your mindset distorted around money? Offering yourself clarity, which is just diving deep into a situation to get as much information as you can, allows your internal self to really see where you are out of alignment or where things are not working for you.



VULNERABILITY

When you can be vulnerable with yourself, you're not wearing your rose-colored glasses. You're not trying to be somebody that you're not.

You're showing up as who you are, which means that you can go tackle some of the blocks and some of the resistance that you have in a very truthful way.

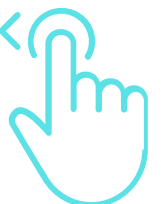
If you don't have vulnerability, then you're always operating from this fake version of yourself that doesn't actually exist.



OWNERSHIP

You, as an entrepreneur, as a human being, as a spiritual being, have the ability to create your reality.

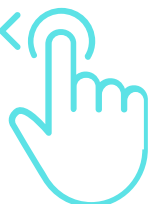
Without ownership, it becomes difficult to want to push through when times get tough. If you have full ownership of the direction that your ship is sailing or the direction that your business is going, it's not going to matter what shows up in front of you as a resistance or a block; You are going to show up with everything that you have because you have ownership.



IMPERFECT ACTION

if you can take daily imperfect action on that thing that you're trying to transform or the thing that's going to get you to the next level, you become unstoppable.

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Learn more about THE 5 PILLARS of MINDSET on **THE MIND VIBE PODCAST**



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